

MY DAILY CHECKLIST

Good Morning



- Make bed
- Get dressed
- Have breakfast
- Take vitamin
- Brush teeth

Chores

- _____
- _____
- _____

Homework & Practice

- _____
- _____
- _____

Go Play Outside!!!



Favorite Part of My Day:



Activities & Appointments

- _____
- _____
- _____

Good Night



- Brush Teeth
- Wash Face & Feet or Shower
- Tidy Up Room
- Pick clothes for tomorrow
- Say Prayers
- Read book before bed

Make Healthy Choices

